The gift of Helps is one that meets the practical needs of others and of the church/organization in order to enhance, support, or accomplish ministry. One attribute of this gift is that many of these servants view "helps" as such a natural extension of who they are, they have a hard time acknowledging that it is an essential part of the Body of Christ. Other indicators of someone with the gift of helps are that he/she serves willingly, cheerfully, humbly, and wherever needed. They spot needs before others do and are sometimes surprised when other people do not notice the practical behind-the-scenes things that need doing.	This is one of my gifts I am unsure if I have this gift This is not one of my gifts
Questions on the assessment that pertain to Helps:	Review each question and jot down what comes to mind:
When there is a job to be done, I am one of the first to jump in and volunteer.	•
I do not particularly care what I'm doing to serve, as long as it helps further God's work in the church or the world.	.*
I enjoy doing the behind-the-scenes things that support others' ministries.	•
Some words that describe people with this gift:	Put a checkmark below if you feel the word describes you:
Supportive	*
. Practical	
Behind-the-scenes	
Humble	
Available	•
Dependable	
Potential negatives to this gift:	Check the ones that feel like particular warnings for your use of the gift:
May not see their serving behind the scenes as a spiritual gift.	
May not value their gift equally with others' gifts	
May tend to say "yes" to too many commitments out of a deep desire to be helpful.	

Some possible ways to serve using this gift:	Check which ways to serve sound like a potential fit for you, or add to the list:
Useful wherever help is needed!	
Event set-up/clean-up/behind-the-scenes help	
Coffee-time host	
Communion preparer	·
Deacon	
Usher	
Food service worker	
Nursery worker	
Office assistant	
Sunday School teacher and/or assistant	
Stephen Minister	1 1

Quotations from individuals with this gift:

JK: "Using my gift of helps comes so naturally to me and is such a part of who I am, that I do not even think of it as a special gift. I find great joy in helping people when I can--sometimes to the point of 'over-doing' it. It has been a learning process for me to learn how far to go, as well as discern what kind of help is appropriate. Those of us with the gift of helps tend to see needs that are not so visible to others - and understanding this is crucial so that we do not become critical of people who seem not to notice the same needs which are so obvious to us. Taking the gifts discovery class was most enlightening to me because it pointed out why I am the way I am, and inspired me to use these spiritual gifts in new ways."

MD: "I have been able to use my gift of Helps in many ways - most recently in my role as Moderator for the Children and Family Ministry. This ministry is tasked with many duties and activities in order to care for and support children and families. My gift has enabled me to work behind the scenes as an extra pair of hands and feet to shop, cook, clean, assemble gifts, etc. so that the Director and her staff are free to achieve their greater goal. I truly enjoy being able to provide practical and necessary help and support, but the greater joy comes through seeing many gifts come together to bring glory to God!"

If you think you have this gift, write your own quotation (a description of what this looks like in your life):

Having reviewed this gift in detail above, who else do you think exhibits this gift?

Jot down your reactions/reflections here: